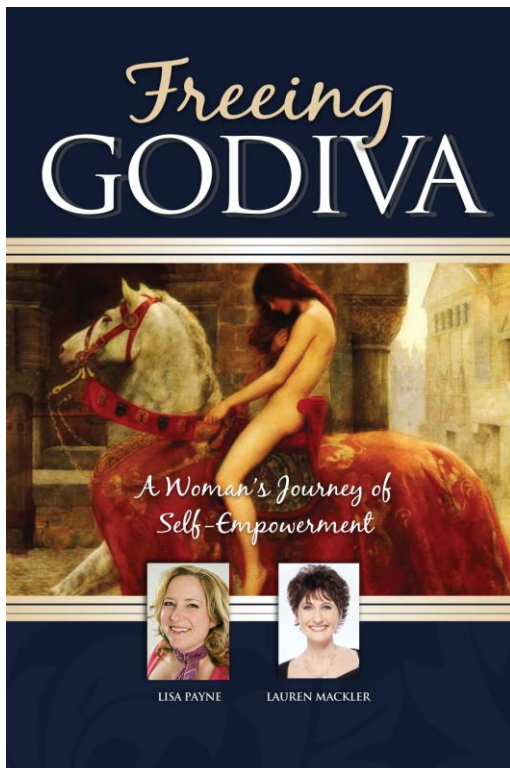


For IMMEDIATE Release

Lisa Payne joins Lauren Mackler in a new book,

Freeing Godiva

A Woman's Journey of Self-Empowerment!



SEVIERVILLE, TENNESSEE— Lisa Payne, professional motivator and author, has been selected as the only Canadian to be featured in *Freeing Godiva*; a highly successful book series from Tennessee-based Insight Publishing. The book features best-selling author Lauren Mackler (*Solemate: Master the Art of Aloneness & Transform Your Life*). Lisa Payne and Mackler are joined by other well known authors, health experts, and speakers, each offering time-tested strategies for success in frank and intimate interviews.

Lisa Payne is President of Connections for Success Inc. Through her coaching, speaking and writing, Lisa helps her clients define and execute their vision of success. She holds a Certified Professional Coaching designation as well as a Master's degree in Employment Relations; she has 18 years management experience in the financial services industry.

Lisa currently resides in Newfoundland & Labrador, Canada, with her two young children who provide her with daily inspiration to *Stop the Treadmill of Life and Start Living in Possibility*.

For more information on Lisa Payne, and to order your copy of *Freeing Godiva*, contact:

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