



Lisa Payne, BBA MER CPC

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Lisa Payne is a professional motivator whose mission is to help you define and execute your vision of success. Lisa's work as a coach, speaker, facilitator, and author, will inspire you to Embrace Your Potential™ at home, at work, at play, and at peace.

In her mid-thirties, Lisa took a leap of faith and set out to recreate her life. An extroverted over-achiever and chronic list-maker for as long as she can remember, Lisa found that checking goals off her list did not result in success as she defined it. In fact, she was so busy on the Treadmill of Life that she had completely lost her sense of self. She made a commitment to a journey of self-discovery that continues to strengthen her each day. Her personal vision of success is crystal clear; her confidence in her ability to Live in Possibility is unwavering.

Now, after just turning 40, Lisa is self-employed as a Professional Motivator and seeks to share her lessons learned with individuals and organizations that are ready to step into their power and create a new reality. As a Certified Professional Coach, Lisa guides her clients, regardless of where they are on their journey, toward a vision of success that is unique and empowering. In keynotes and workshops, Lisa's strategies work for teams and individuals who are seeking the clarity and confidence to embrace their potential. The upcoming book, *Freeing Godiva: A Woman's Journey of Self-Empowerment*, will feature Lisa as the only Canadian contributor. She shares her story and inspires readers to Stop the Treadmill of Life and Start Living in Possibility!

Lisa holds a Masters degree in Employment Relations. She believes in the development of the employee as a whole and works with teams to channel the contribution of all members toward a collective vision of success. As President of Connections for Success Inc., she provides motivational services to her clients who include the RCMP, University of New Brunswick, the Province of Newfoundland & Labrador, Nova Scotia College of Art and Design, and the International Association of Administrative Professionals. She is currently serving her second term on the Board of Directors of the Newfoundland & Labrador Association of Professional Speakers.

With more than 18 years experience in the financial services industry, Lisa's stories resonate with entrepreneurs, sales teams, call centre agents, administrative staff, and managers alike. Her youthful energy and natural ability to connect with her audience makes her a favorite presenter for organizations such as 4H, Allied Youth, and Katimavik. For many years Lisa has been an active volunteer with Big Brothers Big Sisters and Junior Achievement where she teaches our youth how to define and execute their dreams for a better future.

Born and raised in Gander, Newfoundland & Labrador, Lisa is pleased to be settled in her home province with its rich heritage and rugged natural beauty. She is surrounded by an amazing community that supports her vision of success. Her own school-aged children and her parents, who live close by, provide Lisa with the daily inspiration to Live in Possibility – and, that's just what she is doing right now!